



Covid-19 he pehtlai in biahlnak a tammi biahlnak

- 1. Covid-19 rai dannak
si he a hnawihnih mi
biahlnak**

Covid-19 raidannak si he pehtlai in a tammi biahal nak pawl

Covid-19 rai dannak si he hnawihnih in bia halnak

1. Covid-19 rai dannak si chunh kan ii timh tik ah zeibantuk dah kan theih hmasat a herh?

Zeibantuk Covid-19 dannak si kan ii chunh lai ti theih hmasa a herh. Vawleicung Ngandam nak phu (WHO) nih a theih pi mi si pawl lawng kan ii chunh a tha. Cu pawl hna cu---

(1) Britis/India chuak Covishield.

(2) Britis chuak astrazenaca.

(3) Amarica ram chuak Feizen,moderna,janssan.

(4) China Chuak sinopharm (Benjing Institute of biological product co_ltd), Coronavac (sinovac) tiah theih tam mi pawl an si.

Sinopharm (BIBP) leh sinovac si pawl cu Vawleicung Ngandamnak phu (WHO) Nih ruahlopi ih a hung chuak mi thil ah hman khawh a si tiah 2021/May leh Jun thla ah an thanh.

China chuak sinopharm (Wuhan Institute of Biological products coltd lehIndia chuak covaxin covic dannak si cu Vawlei cung Ngandamnak phu (WHO) nih an hlathlai lio ih hnatlak pi nak aum rih lo.

Cu hlei ah si ih a that leh that lo, Thaten fimtawl a si maw si lo, Si chunhna ah thaten tawrel a simaw si lo, a chunh tu hna ih thiamnak hna teh rinhtlak a si maw si lo ti bantuk theih ta a herh.

2. Covic-19 rai dannak si kan ii chunh mi nih zeitluk tiang a dan kho.

Vawleicung Ngandam nak phu (WHO) nih a theih pi mi Covid-19 dannak si hna nih a dan khawh ning cang cu—

	Covid-19 dannak si	Covid adan khawhning	Covid afakdeuhmi adan khawhning
1.	Pfizer by BioNtech Comirnaty	91.3 %	95.3 %
2.	AstraZeneca-University of Oxford by SK Bio	76 %	85 %
3.	Covishield by SII	66.7 %	92 %
4.	Janssen by Johnson & Johnson	72 %	86 %

	Covid-19 dannak si	Covid adan khawhning	Covid afakdeuhmi adan khawhning
5.	Moderna	>90 %	>95 %
6.	Sinopharm by Beijing Bio-Institute of Biological Products Co Ltd	79 %	Hlathlainak in hmuhkhawhmi um rih lo
7.	CoronaVac (Sinovac) by Sinovac Biotech Ltd.	51 %	100 %

* A dannak si nih hin a faktuk mi Covid-19 zawtnak in zeitluk tiang a dan khawh hman ah zawtnak ii chawnh lo nak tiang a dan lo caah a dannak si ii chunh cang zong ah Covid-19 rai dannak zulhawk awk ih an tuah mi hmaihuh, saphiat leh ti he minute 20 chung kuttawl, miburpi ih um hrial khawh peng a tha.

3. Covid-19 rai dannak si hi mizei bantu nih ii chunh awk a si?

Covid-19 rai dannak si cu kum 18 ih a cunglei hna nih ii chunh khawh a si ko naten,

- Zawtnak ii chawnh a fawicemnak hmun ngandamnak lei riantuan tu pawl leh
- Covid-19 an kai tik ih a zual kho ding mi upa hna/zawtnak dang a ngeicia mi hna hi a biapi in a hmasa ih chunh awk ah mi fim/thiam mi hna nih an chimh mi a si.
- Thisensang, zumthlum, khuhhrin zawtnak a ngei mi pin ah zawtnak tha lo ngei ko nan a zual tuk lo mi (tahchunhnak ah (HIV) hrik ngei mi (ART) diing mi tbt) pawl nih rai dannak si chunh awk a si.

4. Covid-19 rai dannak si hi mi ze i bantu nih ii chunh awk a si lo?

- A tu Covid-19 rai ih a zaw cuahmah mi hna (silovah) Covid-19 a si ko lai tiah lunghrinh mi.
- Kum 12 tanglei hngakchia (Pfizer Covid-19) rai dannak si ti lo cu a dang Covid-19 rai dannak tibantuk kum 18 a tanglei chunh awk a si lo.
- Rai dannak si chunhih aa tel mi dahthilri he a ralkahmi zawtnak a ngei mi.
- Awidangah a dang rai dannak a rak ii chun ih aa ralkah mi hna.
- Naupawi a dang rai dannak caah Covid-19 rai dannak si ii chunh awk a si lo.

Dahhe aa ralkah mi zawtnaka ngei mi hna cu Covid-19 rai dannak ii chunh lai ah a chuntu hna he thaten ii chimhchawnh ta awk a si lai.

Naupawimi hna cu Covid-19 zawt nak a kai a si ah cun a zawtnak a zual kho hleiah naupawi zawt nak thalo dang a chuah khawh ca ah biapi deuh in chunh a herh ko naten

rai dan nak si hna naupawi ca ah a tha taktak tiah pom khawh a si rih lo caah naupawi mi hna chunh tik ah rai dannak si ih a thatnakleh chiatnak hna zoh chun in a thiam mi hna ngandamnak lei riantuantu hna he ii ruah ih chunh awk a si.

5. Covid-19 rai dannak ii chunh tik ah kan hmuh tkawh mi a thatnak leh a chiatnak theih kan duh.

Hmuh tonmi ban tuk a si ah cun....Hmuh tonmi bantuk a si ah cun Covid-19 rai dannak nih a tanglei bantuk hna hi a chuah pi.

- ✓ Covid-19 rai in fakpi ih zawt nak leh thih nak hna a zorter.
- ✓ Covid-19 rai kai khawhna leh midang chawh khawhna a zor ter.
- ✓ Covid-19 ih a chuak mi zawtnak lak iha dang.

Cucaah cun ze i bantuk rai dannak si a si zongah (zaahza)100% a dan khawh hleilo ca ah, minung kum/ zawtnak tuar khawh leh khawh lo, thazang hna zulh in dan khawhna hlei in zawtnak ii chawh (breakthrough infection) a um kho. I dannak si tlamtling ten ii chunh zong ah mi cheu cu an zaw kho thiamthiam.Mahcu ii dannak si ih a dan khawhna lonhin zawtnak a kai (vaccine breakthrough cases) tiah auh a si.

Cuti a si ah cun tlamtling teih si ii chunh hnu zong ah kan ii dannak a si mi hmai huh, kut a tu le tu ii tawl, a hlat khawh chung ii hlat pe 6' dan ih um, mibu ih umlo tibantuk hna zulh peng a herh. Taksa fah,sichunhna zawn a fak, a sen, a phing tibantuk tuar khawh a si. A tam deuh cu faktuk lo in nihnih hnu ah an dam than mi an um ko.

Taksa fah,sichunhna zawn a fak,a sen,a phing tibantuk tuar khawh a si.A tam deuh cu faktuk lo in nihnih hnu ah an dam than mi an um ko.

6. Rai dannak si ii chung tikah tuahawk a simi theih kan duh.

Rai dannak si ii chunh hlan

- Thaten ii dinh ih damte ih um a herh (kan damlo a si ah cun raisan nak si kan ii chunh awk a si lo).
- Abuak tlak ih kan zawknak ca ih kan din peng mi si hna rai dannak si kan ii chunh lai ah ding lo ih um awk a si lo.
- Thazaang a der ter tu cancer si (satirise) si hna a ding mi an um a si ah cun riantuantu sibawi pawl he a hlan khan ii ii chim chawh awk a si.

- Zawtnak ngei cia a si zong ah thlahlo ih si ding mi ngeih zong ah rai dannak si a kan chuntu hna a kan zohkhenh tu hna chimcia

Rai dannak si chunh hlan leh chunh hnu ah

- Thazang a pe mi rawltha, thingthei, thlainnah, thlairah hna ii rualkhai te ih ei piak.
- Zudin hrial awk a si (ti dah a reu ter pin ah luakluak ti ban tuk a zual ter) ca ah a si.
- Awikhat hmanh ei ballo mi rawl cham, hman ballo mi ii tamh nak thilri hmanchun hrial awk a si. (dah aa ziak lo tik ah zeiruang set ah a si ti theih a har) ca ah a si.

Rai dannak chunh dih hnu

- Si ii chunhnak hmun ah minute 30 hrawng thut ta a herh (rai dannak si dah ii ziak lo ruang ah a si kho mi thi niam, lungtor rang, thawcham, takthak, taksa ah a sen in bol, hmaiphing, tbt, a hung chuak ah cun a rian rannak in thlopbul a herh.
- Rai dannak ii chunhnak zawn phin ter lo awk ah leh a fah tuk lo nakhnga caah tikhal he deh piak khawh a si. A herh ah cun nihnih maw nithum maw inn ah tha tein ii dinh ih mitku cim ten ih hngilh.
- A herh ah cun nihnih maw nithum maw inn ah tha tein ii dinh ih mitku cim ten ih hngilh.
- Fak tukih cawlhcangh, (bianabia ah Ti leuh, tlik, thirleng cit, tlik, thilrit cawi, arhmul tuk, pumpuluk chuih, pumpuluk bengh leh tha chuah hau mi rian pawl rai dannak ii chunh khawh in ni 7 tiang hrial awk a si.

7. Covid-19 rai dannak si khawika ah ii chunh awk a si.

Rai dannak si ih tuahkhawh mi zumhawkhlak a si nak hmun ah.

- A dikmi Covid-19 rai dannak lakluh mi a si ko ti a fiang mi Bu/pawl.
- Rai dannak ca ih tuahmi a lumnak he thate leh felfai teih chiah mi.
- Thate leh Felfai teih phorhmi leh zohkhenhmi.
- Si chunh lio ah rai dannak si zohkhenh ningcang thateih a zulmi.
- Rai dannak si he pehtlaih ih tuahawk a si mi training a kaimi a thiammi sin ah.
- Rai dannak chuntu ding, zohkhenhtu hna zumhtlak a si nak hmunhna ah chunh awk a si.

8. Covid-19 rai dannak si nih zeicen dah rian a tuan?

Covid-19 rai dannak si hna hi a thar hmuhchuah mi a si caah a riantuan khawhninh hi chimh khawh a si rih lo ih hlathlai cuahmah liote a si.

9. China chuak Sinopharm Coronavac (sinovac) leh India chuak (covissheild) Covid-19 rai dannak si kong theih kan duh.

	Sinopharm (BBIBP-CorV)	CoronaVac (Sinovac)	Covishield
Shapraw ai hpaga hpung	Beijing Institute of Biological Products Co-Ltd	Sinovac Life Sciences Co., Ltd	Serum Institute of India pvt, ltd (Astrazeneca company leh oxford university fonh ih tuah)
Rai dannak si a phun	Zawtnak hrik cawkholo lak in (Inactivated virus) tuahih chuah	Zawtnak hrik cawkholo lak in (Inactivated virus) tuahih chuah	Zawtnak hrik a phortu rungrul (viralvector) ih tuah
Chiahnak hmun ih a lumning	2° in 8°c karlak, thawl chungah a lumning zohnak a um	2° in 8°c karlak	2° in 8°c karlak
Awi zeizah chiah awk a si	Awihnih (2) awikhatnak chunh khawh in zarhnhni (3) in zarhli (4) hnuah awihnih (2) nak chunh lai	Awihnih (2) awikhatnak chunh khawh in zarhnhni (2) in zarhli (4) hnuah awihnih (2) nak chunh lai	Awihnih (2) awikhatnak chunh khawh in zarhli (4) in zarhruk (6) rauh hnu (silovah) zarhriat (8) in (12) hnuah awihnihnak chunh thanlai
A dan khawhning	75% (Awihnih hnak chun hnu ni 14 in athawk)	51% (Awihnih hnak chun hnu ni 14 in athawk)	66.7%
A fakngaimi covid a dan khawhning	Hmuhkhawhmi a um rihlo	100 %	92 %
Vawleicung Ngandamnak Phu(WHO)nih ruahlopiih a hungchuakmi thilah hmankhawh tiah a pompi mi	Senhmi (May,7,2021)	Senhmi (Jun,1,2021)	Senhmi (Feb,16,2021)

A dang theihawk a si mi hna	<ul style="list-style-type: none"> • Kum 18 cunglei a si mi hna lawng chunhkhawh • Nau hnuk a dinh mi hna chunhkhawh • Naupawi hna caah hmuhchuahmi a um rihlo caah naupawi hna chunh tikah rai dannak chunh nak ih a chiatnak leh thatnak tahchunh in chunhkhawh
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Sinopharm rai dannak hi awikhatnak chunh khawh in zarhthum (3) a tlin hlan ah awihnih (2) nak chunh a si ah cun a hnuah awikhat chunh than a herh tilo. A sloah awihnih (2) chunhna zarhli (4) hlei a si ah chunh ngahnak hmun a naihnak hmun ah rianrangten chunhawk a si. Rai dannak si hi a tlamtling ten awihnih (2) chunh awk a si tiah a thiamsang mi hna nih ruahnak an pek mi a si.

* Acunglei ih rai dannak si chunh tih ah zeitluk aa hlat ah dah chunh a thacem ti hi an kawh ih an zohchunh cuahmah liopi a si. Zarhriat (8) in zarh hleihnih (12) tiang ii hlat in chunh khawh a si tiah an chim. A si nantein zarh hleihnih (12) a luan hnu zong ah a hramthok ih chunh than hau lo in awihnihnak chunh khawh a si tiah an chim. Kan mah kan umnak hmun ih nawlin rai dannak si ngah khawh leh rai dannak si a chuntu hna ih ah tuaktan ning leh chimhning bantuk in ii chunh khawh a si.

10. Covid-19 zawtnak ih dam hnu ah raidannak chun lo in umawk a si maw?

Covid zawtnak a kaicangmi a si zong ah rai dannak si ii chunlo in um awk a si lo, Zeiruangah ti a si ah cun dam dih hnu zong ah zeican tiang zawtnak a dan khawh kan theilo tiah mifim mi hna nih an chim. Asi khawhnak a tlawm zong ah zawtnak ih a dam cang mi hna zong Covid-19 zawtnak an kai than khawh ko. Kan theih ning ah cun Covid-19 ih a dam cang mi hna rai dannak chunh tikah an ngahmi tha a thawng deuh ti kan hmuh khawh.

11. Covid-19 a kai cang mi zeitluk a rauh ah dah Covid-19 rai dannak chunh awk a si?

Covid-19 zawtnak ih a zaw mi hna zawtnak ih an dam hnuah midang sin ah zeicang tiang dah an chawnh khawhlo ti a si ah cun

- Zawtnak fak a si lo mi a si ah cun zawt aa thok in nihra (10), a dam khawh in nikhat
- Zawtnak a fak deuhmi a si ah cun zawtnak aa thok in nikul (20) a tlin tik ah rai dannak si chunh khawh a si.
- Thi a fimmi he zohkhenh mi an si ah cun ni sawmkua (90) hnuah rai dannak chunh awk a si.

12. Covid rai dannak tlamtling teih chunh hnu ah zawtnak dannak thazaang a chuak maw chuaklo theih khawhnak a zohnak thilri (Antibody test kit) in zoh khawh a si maw?

Zohkhawh a silo. Rai dannak chunh hnu ih ngeih awk a si mi thazaang theih khawh nak hnga a zohnak thilri he tah awk a si tiah a thiamsang hna nih an chim lo. Cu a zohnak pawl cu a hlan ah cun Covid-19 zawtnak a ngah cang maw ngahlo ti zohnak lawng ah an hman mi a rak si.

13. Covid-19 rai dannak awikhat ii chunhnu in awihnihnak chunh can a phak tik ah Covid-19 zawtnak a si mi (bianabia ah taklin, khuh, cumpi) in um tikah chunh awk a si maw?

Zawtnak kan ngeih liopi ah cun Covid-19 rai dannak si kan ii chunh awk a si lo, zawtnak kan ngeih tilo hnu lawng ah Covid-19 rai dannak si kan ii chunh awk a si. Covid-19 ih a zaw mihna rai dannak si chunh an ngahning biahalnak No-11 ah khin rel.

14. Covid-19 rai dannak awikhatnak (1st dose) chunh hnu ah a kainawlh ih a dam than tik ah awihnihnak (2nd dose) chunhkhawh a ngah maw?

Rai dannak awihnihnak (2nd dose) chunh khawh a si. A sin natein kan mah ah Covid-19 zawtnak kan ngeih rih a si ah cun rai dannak ii chunh danding ih tuah mi biahalnak No.11 ah rel.

15. Kum sawmruk (60) cunglei thin zawtnak, lung, thisen sang, zumthlum zawtnak a ngei mi hna a dang zawtnak a ngei mi hna Covid-19 rai dannak an ii chunh tik ah zeibantuk zawtnak tha lo (side effect) a chuak than kho. Rai dannak chunh awk a si le silo ti theih kan duh?

Thin zawtnak, lung, thisensang, zunthlum, kal fah hna lawng si lo in kum sawmruk (60) cunglei hna Covid-19 in an zawt tikah a hnu ah that lonak fakngai in tuar khawh a si caah covid rai dannak a hmasa lei ah chunh awk a si tiah vawleicung Ngandamnak Phu (WHO) nih an chim. Cuca ah cun rai dannak si chunh nak can a um a si ah cun a si khawh chung in va chunh ih a chunh tu a zohkhenh tu hna sin ah zawtnak dang kan ngeih mi kong kan chimh hmasa hna lai. Rai dannak kan ii chunh tikah a rak chuak mi thatlonak hna (si chunh nak zawn a fak, a phing, taklinh, tbt) midang bantukin an tong kho.

16. (HIV) hrik a ngei mi leh (ART) si a ding lio mihna Covid-19 rai dannak si chunh a ngah le ngahlo theih ka duh

Covid-19 rai dannak a tam deuh cu (HIV) hrik a ngeimi mi tlawmpal sin lawngah zohchun a si ii hlathlainak tlamtling in a um rih lo nan a tu ih Vawleicung Ngandamnak Phu (WHO) ih an pommi rai dannak si hna cu (HIV) hrik a ngei mi hna ca zaawng ah that lo nak a um lo an ti. Cu hlei ah Covid-19 rai dannak hna hi covid hrik a nungmi hman a silo ca ah thazang a der mi hna ca ah rai dannak si ruangah zawtnak a kai khawhnaklam a umlo tiah an chim. Covid-19 zawtnak rai dannak si leh (ART) si hna kar ah thil thalo a chuak mi a um lo ca ah rai dannak ii chunh hnu zong ah (ART) si hna din khawh peng a si ko. Tahchunh nak ah (CD4 count) a tlawmmi thazang a der deuh mi hna cu Covid-19 zawtnak cungah taksa cahnak ih a rak leh nak a zorter an ti ko naten cu he pehtlaih in hmuh mi a um rih lo. Ram cheukhat hna ah cun (CD4 count) 200 kmb meter tanglei a si hna cu rai dannak a hmasa ih chunh awk a simi hna min pawlah an chiah hna. Cu bantuk ih thazaang a der mi hna leh zawtnak dang a ngei mi hna Covid-19 zawtnak an ngeih tik ah a zual khawh caah Covid-19 rai dannak si a hmasa ah chunh hna uh tiah mithiamsang hna nih an chim.

17. Nau ii varnak si din ah teh Covid-19 rai dannak si ii chunh khawh a si maw? Si ii chun khawh in zeitikah nau ii varnak si din than khawh a si hnga?

A buaktlak ning in cun Nau varnak si dingmi nu hna nih Covid-19 rai dannak si an ii chun kho tiah a thiamsang mi hna nih an chim. A sinatein Nau varnak si a dingmi nu hna nih cun si ii chunh lai ah rai dannak si ih a thatnak leh chiatnak si chuntu a riantu hna he ii ruah hmasa a herh tiah ruah nak kan cheuh duh.

A cheu rai dannak si hna ah cun thisen a khal ter khomi thil aum tiah a hlathlai nak nih a hmuh mi a um. UK ram hna ih a hlathlai ih an hmuh ning ah cun minung (tankul) rai dannak aa chun mi hna chungin minung 79 hna nih thisen khalnak an tong hna ih cu hna lak ah minung 19 an thi ti an hmuh.

Raidannak he a pehtlai lomi nau varnak si mu a dingmi Nu hna zawng nih thikhalkak tihnung tlawmpal a um kho ti an hmuh. Nau varnak si a dinglomi Nu hna ah thikhalka a um khawhnak cu minung (thawnghra) ah minung (pahnih) an um ih nau varnak si a dingmi hna ah minung (thawnghra) ah minung pa (5) in (10) tiang a um tiah an hmuh. Cu hlathlainak hna cu Covid-19 zawtnak ih an hmuh mi a si lo.

18. COVID-19 rai dannak si ii chunh ah cun Naupawi khawh a silo an ti mi a si maw?

Asilo mi a si. Atuih Vawleicung Ngandannak Phu (WHO) ih theihpimi Covid-19 rai dannak si hna cu Nau ngeihnak lei thil a hrawk kholo.

19. Covid-19 rai dannak si ii chunh hnu ah Naupawi khawh a si maw?

Pawikhawh a si. Covid-19 rai dannak si hna hi Naupawi khawhnak lei ah a hrawkkhawh tiah chim khawhnaka umlo. Rai dannak ii chun hnuah a that lo nak a chuak sual lai phan ah Naupawilonak hnga hrial a herh lo. Austilia ram ih an hlathlainak bantu a si ah cun nihin tiang Covid-19 rai dannak ruang ah Nausem leh cithlahnak thilhna a hrawkkho timi chimh khawhnak an hmu rihlo nak kong an chim. Cu hleiah naupawi hnu ih a chuak mi zawtnak hna a can ter khotu an hmuhrihlo nak kong an chimh pinah Nau dannak si ii chunh ruangah Covid-19 zawtnak ruangih a chuak khomi Nau thicia ih hrinnak a zorter tiah an chim.

20. Naupawi mi Nu hna Covid-19 rai dannak si chunh khawh a si maw? Naupawi mi hna nih zeibantuk Covid-19 rai dannak an ii chunh awk a si hnga?

Naupawi Nu hna Covid in an zawt tikah a fak khun kho mo leh Naupawi he pehtlah ih a rak chuak than mi thatlonak an tuar khawh caah a hmasa ah chunh awk a si tiah mifim mi hna hih ruahnak an chuah. Cucaah rai dan nak a tam deuh ah cun Nu naupawi caah zumh awk tlak hlathlainak ih hmuhmi a um rih lo caah Naupawi mi hna chunh tik ah rai dannak chunh ih a thatnak leh chiatnak leh covid in zawt tikah a chuak khomi chiatnak hna tah chun in a thiammi ngandannak lei zoh kenh tu hna he ii chimhchawnh ih chunh awk a si lai.

21. Nau hnuk dinhlio mi hna Covid-19 rai dannak si hi chunh khawh a si lai maw?

Covid-19 rai dannak si cu midang Upa hna dantukin Nau hnuk dinh mi hna nih an ii chun kho ih rai dannak si chunh khawh hnu zong ah hngakcha cu Nu hnuk dinh peng khawh a si tiah Vawleicung Ngandannak phu (WHO) nih an chim. Awikhat aa chun cang mi hna zawng nih an ti niah awihnihnak va chunh awk a si lai.

22. Cumpi khuhpah tlangrai (common cold/seasonal flu) kai hnu ah Covid-19 rai dannak chunh khawh a si maw? Cumpi khuhpah rai dannak si chunh hnu ni zeizah rauh hnu ah dah Covid-19 rai dannak si chunh khawh a si?

Cumpi khuhpah tlangrai (common cold/seasonal flu) in kan um a si ah cun Covid-19 rai dannak ii chunawk a silo. Zawtnak hna a dam hnu lawngah Covid-19 rai dannak si kan vai chunhawk a si lai. Cumpi khuhpah rai dannak si chunhmi a si ah cun a tlawmcem ni sarih (7) hnu lawngah Covid-19 rai dannak si chunhawk a si tiah mifim hna nih ruahnak an chuah mi a si.

23. Cumpi khuhpah tlangrai dannak si chunh khawh in Covid-19 rai dannak si chunh lo ah a ngah maw?

Cumpi khuhpah tlangrai dannak (flu vaccine) cu cumpi khuhpah tlangrai lawng a dankhawh ih Covid-19 zawtnak cu a dangkho lailo. Curuungah Covid-19 rai dannak si chunh a herh. Cumpi khuhpah tlangrai si leh Covid-19 rai dannak si cu a tlawmcem zarhkhat ni (7) ii hlat in chunh awk a si tiah mifim hna nih an chim.

24. Covid-19 rai dannak si awikhatnak chunh hnu zong ah awihnih nak ah a phun dang aa khat lomi Covid-19 rai dannak si lawng kan ngah khawh a si ah the rai dannak si cu kan ii chun ko lai maw?

Vawleicung Ngandamnak phu (WHO) nih aa khatmi rai dannak pakhat lawng tlamtling ten ii chunh awk a si tiah an chim mi a si. A phun ailo lomi a dang rai dannak ii chunh he pehtlaih in ram cheu khat ah hlathlai nak a tuah cuah mak ko natein a dikkhoh mi zeihmanh hmuh mi an ngei rih lo. A si natein a phun ai khatmi rai dannak kan hmuh khawh tilo a si ah cun Vawleicung Ngandamnak Phu (WHO) ruahlo pi ih a hongchuak mi thil ah hman khawh a si tiah an thanh mi a dang zumhtlak rai dannak si cu Ngandamnak lei zohkhenh tu hna he ii ruah ih chunh awk a si tiah an chim.

25. Covid-19 rai dannak awihnihnak chunh a zat tik ih kan ii chunh manhlo ah the a phun aa khatmi zeih tik ah kan ii chun than lai? A silo ah a phunaa khatlomi rai dannak si cu zeitik ah awi zeizah chunh than awk a si lai?.

Rai dannak si ih a thawnnak tlamtling ten kan hmuh khawh nak hnga a chunh can ri an khiah mi chungah kan ii chunh lengmang a hau. Awihnihnakchunh can ri an khiah mi ah si phun pakhat leh pakhat an ii lo hnalo. A cheu cu ni (21) dan ah an chunh hna ih a cheu cu ni (28) in ni (42) kar ah an chunh. Canri an khiah mi chung ih ii chunh ah cun rai a danning tha tein kan hmuh khawh lai. A ruang a phunphun caah ii chunh can a luan tiang awihnihnak rai dannak si chunh khawhlo a si ah cun rai dan nak si tlamtling te ih ii chunh khawh nakhnga tawl rel a herh. Anmah ngandamnak lei zohkhenh tu hna he ii ruah ih a naihnak cem/a ran khawhchung in awihnihnak chunh khawh awk ah mithiam mi nih an chimh mi a si. Hlathlai ih a fekmi hmuh chuah mi a um rih lo zongah rai dannak awikhat chunh hnu ih chunh than lo hngakcha cun rai dannak awihnih nak chunh mi nih tuar khawhna thazaang tam deuh a kan hmuh ter lai tiah mi fimmi hna nih an ruah.

26. Covid-19 rai dannak awihnih (2) aa chun cangmi hna zong nih Covid in an zaw than khawh mi hi zeiruah ah a si?

Covid-19 rai dannak si zonghi a dang rai dannak si hna he an ii loko. Rai dannak ii chun hnu ah adan khawhcang ti khawh a si tiang ah a tlawm cem zarhhnih (2) a rau tawn. Cutikah minung pakhat nih rai dannak si aa chunh hlan a si lo ah aa chunh hnu zarhhnih (2) chung ah natnak hrik a kai a si le rai khamnak si a dawhnu asi khal le a nathei ko. Ziang vek rai khamnak si khal hi natnak zaahza (100%) a damter thei cuanglo vek in minung kum/natnak a neicia leh cialo kan taksa cahnak tlun ah i thumaw in a khamthei mi cu luan in a hrik tampi a kai mi (breakthrough infection) hmuh thei a si theu. Cu cu rai khamnak si ih a khamthei mi cu luan in a hrik a kai mi (vaccine breakthrough cases) tiah kawh a si.

27. Covid-19 rai dannak awihnih a chuncangmi hna Covid-19 in an damthan hnu ah rai dannak si chunhthan a herh ti maw?

Rai dannak si tlamtling teih aa ii chunhzongah a cheu hna cu an zaw khoko. Cucu rai dannak si ih a dankhawhnak lawnh in zawtnak hrik a kai mi (vaccine breakthrough cases) tiah auh a si. Mah lawng silo in zawtnak hrik a tek mi phun ruang zongah zawtnak hrik kai khawh a si. A hlan bantu in rai dannak ruang ah dohnak thazaang pakhatkhat a umkhawh zongah zawtnak hrik a rak lut mi a zate a khamkhawh hleilo ca ah a tu bantu in a kai khawnak a si kho. Mahti a si caah cun rai dannak si a chun cang mi hna nih fakngai ih an zawtnak lam a tlawm tiah hmuh khawh a si..

28. Covid-19 rai dannak awihnih tlamtling ih chunhnu a rauhhlan ah chunhthan a ngah maw?

Covid-19 rai dannak tlamtlingten ii chunh hnu ah chunhthan a herh maw ti he peh tlaih in Vawleicung Ngandamnak Phu (WHO) nih hmuhsak mi a um rih lo. Chunh than awk a si ko. A sinan lam hmuhsakmi a um than a si ah cun ngandamnak lei zohkhenh tu hna nih an theih ter an chuah lai.

29. Covid-19 rai dannak awihnih tlamtling teih aa chun cangmi hnanih Covid-19 rai dannak si a phun aa dangmi chunh than a ngah lai maw?

Covid-19 zawtnak a phun a tek mi hna caah zawtnak a fak tukmi leh thihnak lak in dannak caah a ti ih an hnatlak cangmi Covid-19 rai dan nak hna hi chunhawk a si tiah vawleicung ngandamnakphu (WHO) nih an chim. Rai dannak si phunkhat hi can rikhih chungah tlamtling in chunh khawh hna ah cun a dang rai dannak si hna chunh than awk a si lo. A herh lomi rai dannak si chunhthan ruang ah rai dannak si a herh tuk mi hna an canthi hmuh nak an hloh khawh rai dannak si ih a khuh khawhnak a zor ter, zawtnak a karhmi

hrennak lei zong ah dawnkhantu a si khawh caah rai dannak tlamtling ih chunh hnu ah chunh than cu kan hrial awk a si lai.

Rai dannak awihnih chunh hnu ah a phun aa dangmi rai dan nak si phunkhatin thazaang chapthan awk ah vawleingcung ngandannak phu (WHO) nih ruahnak cheuhmi a um rih lo. A tu ah ram kip ah an hlathlai cuahmah liopi a si rih. Awithum (3) nak rai dannak si chunh chap nak he pehpar in Ram he a tlak in rai dannak si lei zuhlphung a phunphun a si kho natein rai dannak a hmu rih lo mi rethei mi ramih ummi hna cu rai dan nak a hmasa chunh piak khawh nak hnga caah awithumnak rai dannak si chunh cu tuah rih lo awk a si tiah vawleicung ngandannak phu (WHO) nih nawlnak an tuah mi a si.

Lak Nak

WHO: Novel Coronavirus-2019 - Questions and Answers

CDC: Coronavirus – Frequently Asked Questions (FAQ)

UNICEF: Novel Coronavirus – FAQ

UK National Health Service – COVID Vaccine

Serum Institute: FAQ – Covishield

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