



COVID-19 THAWN PEHZOMIN MI ZAWT TAMHNAK

**1. Covid – 19 Vaccines
thawn Pehzomin mi Zawt
tamhnak te**

Covid-19 Thawn pehzomin mi zawt tamhnak thu te

Covid-19 Vaccine thsawn pehzomin Thu zawthnak te

1. Covid-19 Vaccine dawt tuh fangin ling kul hnak te

Kin dawt tuh hnak heh zaitu vaccine/ a sii hming ling hmasa kul ii. WHO te'n lingpui hnak lek dawt pha ii,

- (1) Britain le India bawhnak Covishield
- (2) Britain bawhnak AstraZeneca,
- (3) United State of America Pfizer, Moderna, Janssen,
- (4) China bawhnak Sinopharm (Beijing Institute of Biological Products Co-Ltd),

CoronaVac (Sinovac) te pawl heh mipuite ling tam hnak ii.

Sinopharm (BIBP) le Sinovac te heh Emergency ca hmang tuhin 2021 kum May & June ah thu suah ii. **China ai bawhnak Sinopharm (Wuhan Institute of Biological Products Co Ltd) India ai bawhnak Covaxin Vaccine tepawl tu WHO lamin a zir thliahthlo lai hmang sianghnak pe lai lo ii.**

Ciah lai ah vaccine tepawl ai quality pha awm? phan takai dahhnak i awm? A sii dawt tuhin phaneuin khua khang awm? A sii dawt sah tu tuh te heh thiam ngai ngai awm? Ti bang tepawl heh sikfel hnak nai kul ii.

2. Covi-19 Vaccine dawt hnak maan hemi urhnak heh zai bang tian kham ben awm?

Laivum huap WHO lingpui hnak vaccine pawl ai dinhmun heh hetih bangin ---

	Covid vaccine pawl	Covid urhnak lakin a kham benhnak	Covid ur rohsia te a kham ben hnak
1.	Pfizer by BioNtech Comirnaty	91.3 %	95.3 %
2.	AstraZeneca-University of Oxford by SK Bio	76 %	85 %
3.	Covishield by SII	66.7 %	92 %
4.	Janssen by Johnson & Johnson	72 %	86 %
5.	Moderna	>90 %	>95 %
6.	Sinopharm by Beijing Bio-Institute of Biological Products Co Ltd	79 %	Zingzawi felhnak um lai lo

	Covid-19 Vaccine pawl	Covid urhnak lakin a kham benhnak	Covid ur rohsia te a kham ben hnak
7.	CoronaVac (Sinovac) by Sinovac Biotech Ltd.	51 %	100 %

* Vaccine te'nur siavaCovid-19urhnak lakindinhmun pakhat tiankham ben khal selaiurhnak lakanKham ben hnakumlo maanvaccine dawl zo tepawl khaiCovid-19ur kaituhlo aikonghoihnak thu suah hnak zawminMask hmangtuh ngio,satpia le tii hmangin second 20 song kut som tuh,mipui lentai tuh lo ti bang pawl hehzawmzetin hlun kin kul ngio i lai.

3. **Covid-19 Vaccine heh zaibang mi te ca dawl tuh?**

Covid-19 Vaccine heh kum (18) vum mi tampuiin dawl khal selai!

- Urhnak tam ber kai thai dinhmun ai um mi miur kilkhawltu pawl le
- Covid kin kai pang selaiur rohsia tuar thai mi (kum upa lam pawl,urhnak dang nai te pawl) heh daihsah hmasa ai dawl hmasa kul sawn ii.
- Thii khang/ BP sang, Zinhlum, So ur nai tepawl, Cuap, Thin le Kal lam urhnak naite hlaiahkumkhua ur nai khalselaiur rohsia li hlai lo tepawl [Santehhnak ah (HIV) ur hnak nai (ART) sii ai teng pawl]heh vaccine dawl pha ii.

4. **Covid – 19 Vaccine dawl tuh lo hnak pawl**

- Tun dinhmun ai Covid – 19 ur teng te pawl (or) Covid-19urhnak bang tuar ai fawi li te pawl.
- Kum 12 tan hnia naupang te pawl (Pfizer siar lo a dang vaccine pawl hehkum18tan hnia te dawl tuh lo)
- Vaccine songai a tel miChemical thawn a rem lo mi urhnak nai te pawl.
- Tun hlanahvaccine dang dawl man rem lo hnak nai te pawl.
- Nu naupai te pawl (vaccine hrekkhat) vaccine dawl tuh lo.

Tiksa in a rem lo mi sii nai te pawl caVaccine dawl hlan ahsii dawl sah tu tuhHealth worker te thawn thu rel tlanghnak nai hmasa kul ii.

Nu Nau pai te pawl ca Covid urhnak kai selai ur hnak siava tuar thai maan lea nau pai hnak lamaharsa hnak thil dangtuar thai dinhmun i maaninvaccine dawl daihsak kul khal selai Vaccine hrekkhat ahNu, nau pai te caa him ii tiin zingzawi le siik felhnakum lai lo maaninvaccine a dawl maan ai a phat hnak le phat lo hnak lam thu ca teh hnak heh urhnak kilkhawltu te thawn rel tlang hmasa in dawl heh a him ber ii.

5. **Covid-19 Vaccine dawl maan ai kin ca phat hnak le phat lo hnak te pawl.**

A zirni tepawl ai zingzawi hnakahvaccine a doss khim ai dawt te caa hnia ai banginphahnemhnak te um thai ii.

- ✓ Covid-19 urhnak maanurhnak siava tuar thai lakan lethihhnak hleng thaidinhmunan zia um deuh thai tuh ii.
- ✓ Covid-19 ur hnak kin kai tuh lo inle midang te fuh tuh lo in.
- ✓ Covid-19 ur hnak hindang lakan kin kham sah ii.

I khal khawzai bang vaccine in khaiur hnak heh (100) %kham ben lo maan inminungkin kum din hmun, ur hnak kumhlun nai le nai lo,kin tiksa laman urhnak kham tu cak lel cak lo vumah thupui ngai ii le ciamaanin urhnak kham ben le fuh dun lo (Breakthrough infection) um thai ii. Vaccinea doss khimin dawt khal selaimi hrekkhatah urhnak kai um tho tho ii. CiamaanVaccine dawt napui urhnak kai (Vaccine breakthrough cases) tiin ko ii.

CiamaanVaccine a doss khim ai dawt hnua ah khaimah le mah urhnak lakan kin him tuh hnajk caMask/ ka le hnar huphnak hmang tuh, kut som lek lo tuh, mi pakhat le pakhat pi 6 tal kaang dun tuh, mipui um tlang tuh lo te pawl hlun kin kul ii.

Phat lo hnak siat hnak tepawlahVaccine dawt ben sawngah Fawi thai, Cawl lait lo le zee tlap, Tiksa um dan nuam lo, Sii dawt hmun ur, San meng lea por te bangkhai um in tuar thai i sing. Mi hrekkhatahursia lo aini 2 dung hnuaah lawm liang lo de ii.

6. Vaccine dawt fangin bawn tuh hnak hlun kulhnak ling kin hiam!

Vaccin dawt hlan ah.

- Phaneuincawlom tuhkin nun cak tuh heh thupui ngai ii. (Nun cak lo le fawi tengah vaccine dawt tuh lo).
- Atlangpuiinmah le dinhmunankin ai/ding hnak sii tepawl hehVaccine dawt tuh maan com tuh lo kin din kel aih kel in feh pui tuh.
- Kin tiksa cak hnak thazaang tlawm ruai thai miSteroid leCancer sii ti bang ding ai ile sing khawkin kilkhawl tu doctor te thawn rel tlang hmasa he thil pha ii.
- Ur hnak kumhlun nai lei si,sii ai laklawh hnak nai lei si Vaccine dawt sahtu tuh te hnenah rel hmasa heh thil pha ii.

Vaccine kin dawt hlan le dawt ben sawngah

- Thazaang um thai hnaktuh aih din, Hang hnah hangrah le Thingthai te pawl cateng ai kin kul ii.
- Zu ding tuh lo (kin tiksa songai tii kaang ruai leawk paih tuhin tha pe maan).
- Kin ai awng lo hnak tii le rawng ai cuul te bang bawn tuh lo, kin hmang awng lo hnak hmai nawi le perfuem te pawl hmang tu lo zaimaan tifangin (Tiksaah rem lo hnak harsahnak um selai ciabang kin hmang awng lo hnak le ai awng lo hnak maan maw? Vaccine maan maw ti thia thiam har thai ii)

Vaccine dawt ben caan

- Sii kin dawt hmun Health Center ah minute 13 tal to in iang kin kul ii. (Vacciane thawn rem lo maanai um thai te lak songinkin thii BP niam tlok ti bang, Lung hlin roh zee ti bang, Haihawh sam lekin tksa ah asan bol le thak um tibang, kin hmai por te bang umpang fangin arang thai bersi kilkhawl dun thil tuhnhak ca ii).
- Vaccine dawt hmuna por tuh lo le a ur lawmcaang tuhin vur/ice thawn nawih thil.
- Kul lekhawinn ah ni 2/1 cawlom tuh, mitmu khamniuin mu tuh.
- Rimsu zee in naper le exercise bawn tuh lo. (Santehhnak ah–Tii leuh, Cycle to, Dawp, Thilrit khai, Footbal sal, Badminton/ Arko vit, Vollyball sal tebang) leThazaang rohzee suah kul naper te bang hehvaccine dawt nia panin ni 7 song sup tuh.

7. Covid-19 Vaccine heh akonah dawt selai pha ni?

Vaccine naper le quality ah thinkhimhnak umtuhin.

- Adikmi Covid-19 Vaccine ramsongai phur lut ii ti ling fianghnak um ai mawh a phur ben mi pawlkom le Company,
- Vaccine ca ai khiahhnak le a kul sam mi dahhnak bawm songai dahhnak fefo,
- Daan bang rori ai phur Ir kilkhawl hnak,
- Sii dawt tengahVaccine kilkhawl dan phantakai a hlun mi,
- Vaccine thawn pehzomin kulsamhnak training kai le thiam nal nai mi,
- Vaccine dawt sahtu tuh tenuncakhnak lam kilkhawl hnak ah rinsan a tlak mi te hnenah sii dawt phai zaimaan tifangin Vaccine ai cak hnak te hnawm pang aikhaw ti heh lau kul bik le thupui bik ii.

8. Covid-19 Vaccine cakhnak thazaang heh zaicamtian rai tuh ii?

Covid-19 Vaccine tepawl heh a thar bawnhnak imaanin a cakhnak thazaang heh zai cam rai tian hmang thil tuh ti heh ling thil lai lo zingzawi thliahthlo lai teng ii.

9. China bawn hnak Sinopharm, CoronaVac (Sinovac) le India bawn hnak Covishield, Covid-19 Vaccine thu ling kin hiam.

	Sinopharm (BBIBP-CorV)	CoronaVac (Sinovac)	Covishield
A bawn tu Company	Beijing Institute of Biological Products Co-Ltd	Sinovac Life Sciences Co., Ltd	Serum Institute of India Pvt Ltd (AstraZeneca Company le Oxford Universityte bawn tlang hnak)
Zaing vaccine ii	Virus ten cakhnak nai tuh lo ai (Inactivated virus) bawn in suah hnak ii	Virus ten cakhnak nai tuh lo ai (Inactivated virus) bawn in suah hnak ii	Virus te thair ai keng hnak hik (viral vector) an bawn suak hnak ii
A dah hmun ca kulsamhnak khaw lum	2° - 8° cesious song (A sii bawm vumah kilkhawl tuh dan khawlum lam dah ii)	2° - 8° cesious song	2° - 8° cesious song
A dawl tuh zah	Vai 2 (A vai khat hnak dawl hnuah zarh 3 an zarh 4 songah a vai 2 hnak dawl thil)	Vai 2 (A vaikhat hnak dawl ben zarh 2 an zarh 4 songah a vai 2 hnak dawl thil)	Vai 2 (A vai khat hnak dawl hnuah zarh 4 (or) zarh 8 an zarh 12 songah a vai 2 hnak dawl thil)*
Urhna lakan zaizah tian kham sah ben	79 % (A vai 2 hnak dawl hnuah ni 14 panin)	51% (Vawinih hnak dawl hnuah ni 14)	66.7 %
Covid ur siava kham ben dan	Zir fian hnak um lai lo	100 %	92 %
WHO laman emergency ca sianghnak pe nia	Sianghnak pe zo (7 May 2021)	Sianghnak pe zo (1 June 2021)	Sianghnak pe zo (16 February 2021)

A dang ling kulhnaak pawl	<ul style="list-style-type: none"> • Kum 18 vum lam ca lek dawt thil • Nau hnawi fawp lai nai nu te ca dawt thil • Nu naupai te ca zir fianhnaak um lai lo maaninNu naupaite dawt fangin Vaccine dawt maan ai phat hnaak le siat hnaak ruat hmasa in dawt tuh
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Sinopharm Vaccine heha vaikhat hnaak dawt hnua zarh3 khim hlanaha vai 2 hnaak dawt lei si a hnuaah dawt sal kul cuang lo ii (or) a vai 2 hnaak dawt tuh in zarh4tahnrai tapang le khawdawt thilhnaak ning nai caanaha nongber hmunaah a rangin dawt ruai tu ih. Vaccine heh a doss khim vai 2 dawt tuh teng tengin mithiam ten kin daih sah hnaak ii.

* A vumai vaccine te kin dawt fanginnizai kaangai dawt heh a phaber ni ti heh zirfian hnaak nai lai teng ii. Tun dinhmunai zirfian hnaakah Covishieldsii vaikhat hnaak le vai 2 hnaak heh zarh 8 and 12 song dawt tuh in um ii le, Zarh 12 tah rai inkha a hampanai dawt sal kul loin a vai 2 hnaak dawt heh poi lo ii tiin kin rel ii. Kin um hmunaah vaccine kin ngah thil dan le dawt sahtute ai remruat hnaak bangin feh pui thil ii.

10. Covid-19Urhnak tuar zo ten Vaccine dawt loin selai poi hnaak um awm?

Covid-19 Urhnak tuar zo ten Vaccine dawt loin um maseh.Ziangmaan ti fanginur hnakan a cak leh sal hnuaahhemi Covid urhnak heh zaicam tian kham ben tuh tihnaak heh zirfian hnaak um lai lo ii, ur kai thil hnaak dinhmun niam khal selai urhnakan cak leh sal te hnenah urhnak heh kai sal thil tho tho ii. Zirfian hnaak lamai a hmu suak hnaakahCovid urhnakan cak lehsal tu te hnenahVaccine dawt maan a ngah hnaakurkhamhnaak thazaang heh pha cangce ii tiin ling ii sing.

11. Covid urhnak tuarte'n zaicam hnua fang vaccine dawt thil?

Covid urhnak tuarte'nurhnakan a cak hnua midangte fuhnthil nawn lo dinhmun ai a um fangin vaccine dawt thil -

- Atlangpui thuinUrhnak a tuar panan ni 10 + A fawi lawm hnua ni khat
- Urhnak rohsia tuarte'nurhnak a tuar panan ni 20 ah vaccine dawt thil ii.
- Thifim hmangai kilkhawlhnaak mi ur te heh ni 90 hnua ah lek vaccine dawt thil ii.

12. Covid-19 vaccine a doss khimai dawt hnuaahur khamhnaak thazaang um le um lo heh (Antibody test kit)hmangin ling thil awm?

Ling thillo, Vaccine dawt maanai ngahtuhai umhnaak urkhamtu thazaang hehAntibody test kit hmangin ling thil thu mithiam sawn te'n kin rel lo ii. Ciami bang thilri heh tunhlanah Covid ur awng awm ti hnaak ca sawnah hmang de ii.

13. Covid-19 vaccine vai khathnak dawt hnuaa vai 2 hnak dawt camcu ah Covid -19 urhnak bangin (santehhnakah–Fawi, Khuhkhuh, Vaibur) umselai Vaccine dawt thil pah awm?

Urhnak nai tengah vaccine dawt lo pha ii. Ur hnakte lawm hnua sawnah vaccine dawt pha sawn ii. Covid ur hnak tuar te caVaccine dawt tuh ina iang kul hnak caan khiahThu zawthnakNo –11 ah siar thil ii.

14. Covid-19 Vaccine a vaikhat hnak (1st dose) dawt hnuaCovid in kin urselai a lawm hnuaa vai 2 hnak (2nd dose) dawt thil awm?

Vaccine a vai 2 hnak (2nd dose) dawt thil ii, Santehhnak ah kin tiksa ahCovid urhnak te umin tuar lai i lesing khawVaccine dawt daan tuh rel fian hnak el zawt hnak No-11 ah siar sal tuhin daihsah dun i sing.

15. Kum 60 vum lai Thin lam urhnak, Lung, Thii khang, le Zinhlum naite ca (or) urhnak dang naite ca Covid-19 Vaccine dawt fangin zaitu phatlo hnak (side effect) Um thai pa? Vaccine dawt pha le phalo ling kin hiam?

Thin lam urhnak, Lung lam urhnak, Thii khang, Zinhlum, Kal lam urhnak tebang pawlkum 65 vum lam tepawlah Covid – 19 urhnak kai tapang lekhawurhnak siava in hlun thai maanCovid-19 Vaccine heh daihsahai dawt hmasa tuhin WHO lamin thurawn kin pe ii. Ciamaan vaccine heh dawt tuh teng tengin le sii dawt hlanah sii kin dawt sah tu tuh te hnenah kinmah pumpui tiksa ai kin nai cia ur kumhlun te heh rel hmasa kin kul teng teng ii.

Vaccine ai Phat lohnak te (sii dawt hmun kin ur, kin por, kin Fawi) te bang pawl tuar thai ii. Kin tiksa ai kin nai sa urhnak te kha phatkaniuin kilkhawl dun kin kul ii.

16. HIVurhnak le ARTsii ai te'nCovid-19 Vaccine dawt thil awm ti ling kin hiam!

Covid-19 Vaccine a tam sawn hehHIV urhnak nai mi tlawmniu hnenah lek zirfian hnak nai ii. Zirfianhnak sem khim lo napui le tun dinhmunah WHO laman lingpuihnak vsaccine pawlah HIV ur nai te ca phat lo hnak um lo ii tiin ling i sing. Ciahlai ah Covid-19 Vaccine an a nung mi virus hmang lo maanin tiksa ai urkham hnak niam te ca vaccine maan urhnak kai thai lau kul hnak um lo ii ti'n ling i sing. Covid vaccing le ART sii karlakah leh lem le lehlam zaikhai siatsuah dun hnak um lo ii, ciamaan Vaccine dawt benhnua khai ART heh hlamuanin ding/ai thil hlen ii.Thu um daan ah (CD4 count) tlawmte ca Covid-19 Vaccine vumah tiksa ur khamtuai naper heh cak lo thai ii tihnak thu ah, tun dinhmunah zirfian hnak um lai lo ii. Ram hrekkhatah (CD4 count) 200/qubic milimiter tah tlawmte hnenahvaccine heh daihsah ai dawt hmasa tuhin ti ii. Ciatihbangin ur hnak khamtu cak lo le ur dang dang naite hehCovid

in ur lekhaw roh thai dinhmunah ding maanin vaccine heh daihsah ai dawl hmasa tuhin mithiam te'n kin forh ii.

17. Nau kham sii aite'n vaccine dawl thil awm? Vaccine dawl hnua zai cam fangin sii ai lehsal thil?

Atlangpuiin, Nau kham sii aitu nupangte hnenah Covid-19 Vaccine dawl thil ii ti'n mithiamte'n kin forh ii. Ikhalselainau kham si aitunupangte pawlsii dawl hlanahvaccine ai phat lohnak le phathnak, ning kilkhawltu doctor te thawn rel tlang hnak naituhin kin forh fawn ii.

Covid-19 Vaccine hrekkhat ah Thii khal ruai thai hnak hleng caan um ii ti'n zirfian hnak ah rel ii. UK ramai zirfian hnak vaccine dawl tu million 20 songan minung 79 thii khal le ciahmuah songan mi 19 thi ii.

Vaccine thawn pehzomhnak nai lo naukham sii ding lo tu hrekkhat hnenah Thii khal ii ti heh mipum 10000 ah 2dung um le, nau kham sii aitu nupang 10000 ah 5 an 10 dung tian tawh hnak um ii, hemi thu zirfian hnak heh Covid-19 ur hnak maan ai tawh hnak i lo ii.

18. Covid-19 Vaccine dawl fang nau nai thil lo ti heh thu peu awm?

Dik lo ii. Tun ai WHO lingpuihnak Covid-19 Vaccine te pawl heh nau/ fa po ruaitu lamah harsahnak ziang kha um ruai lo ii.

19. Covid-19 Vaccine dawl hnua nau pai thil awm?

Nau pai thil ii. Covid-19 Vaccine hehnau pai thil tuh lo ai harsa ruai tu i lo ii. Vaccine dawl ben hnuaahphat lo hnak harsa hnak umtuh lau maan nau nai tuh lo ai bawn kai a kulhnak um lo ii. Australia ramai zirfian hnakah tun tian Covid-19 Vaccine maanin nu pum songai nauniu le nau nai thil tuh hnak lamah harsahnak um lai lo ii ti'n rel ii. Ciahlaiah nau pai hnua Covid urhnak maan nauniu thi tuh lakan him sawn ii ti'n rel bet hnak um ii.

20. Nau pai te'n Covid-19 Vaccine dawl thil awm? Nau pai te'n zaibang Covid-19 Vaccine dawl phaber ni?

Nu Nau pai te'n Covid in ur pang lekhawur rohsia tuar thai lea nau pai hnak ah harsa hnak zaimaw um thai maanin daihsahai Covid-19 Vaccine dawl tuhin mithiam te'n kin forh ii. Ikhalselai vaccine tam sawnah Nu nau pai te ca a him ii ti ai zirfianhnak um lai lo maanin, Nu nau pai te vaccine dawl hlanah a phat hnak le phat lo hnak lam thu mi thiam te thawn rel tlang hnak naituhai cia ben fang dawl tuh hnak ii.

21. Nau hnawi fawp lai nai te Vaccine dawt thil awm?

Covid-19 Vaccine heh midang kum khim te bangpahinnau hnawi fawp lai naite'n dawt thil ii, vaccine dawt hnuaah khainaute heh a hlan bangpahin hnawi pe thil ii ti'n WHO lamin rel ii, vaikhat vaccine dawt ben a ni tiam hleng fang a vai 2 hnak khai dawt kul ii ti'n rel bet ii.

22. Tukku (Common cold/ seasonal flu)ur hnuaCovid-19Vaccine dawt thil awm? Tukku vaccine dawt hnua zai cam fanginCovid-19vaccine dawt thil ii?

Tukku (Common cold or seasonal flu) ur tengahCovid-19vaccine dawt thil lo ii, Urhnakte lawm fian hnuaah vaccine dawt thil ii. Tukku vaccine dawt te ca a tlawmber ni (7) Covid-19 Vaccine dawt tuhin mithiam te'n kin rel ii.

23. Tukku (Flu vaccine) dawt zo te Covid-19 Vaccine dawt lo selai poi awm?

Tukku (Flu vaccine) heh Tukku ca lek bawnhnak imaanin Covid urhnak heh kham ben lo ii, CiamaanCovid-19 Vaccine dawt kul ii, Tukku vaccine le Covid-19 Vaccine heh a tlawm ber zarhkhat ni (7) kaang hnuaah dawt tuhin mithiam te'n kin forh ii.

24. Covid-19 Vaccine heh a vai khat hnak dawt zo hnua a vai 2 hnak ca a phun dang lek um selai dawt thil pah awm?

WHO lamte'n a phun bang mi vaccine lek a doss khim ai dawt tuhin kin rel ii. A phun bang dun lo mi vaccine dawt tuh thu ahram hrekkhatte'n zirfian hnak bawn li napui daihbangin phathnak tawk thil lai lo ii. Santehhnak ah a phun bang mi vaccine ngah thil lo lesikhaw WHO lamin a li ngpui hnak emergency ca hmang tuhai a phuang zo hnak heh mithiam sawn te thawn rel tlanmg hnuaah dawt tuh in kin daihsah ii.

25. Covid-19 Vaccine heh a vai 2 hnak dawt ngah lo pang selai, a bangpui vaccine heh zai cam hnuaah dawt thil ni? (or) A phun bang lo mi vaccine heh zai cam rai hnuaah vai zai dawt tuh?

Vaccine ai a naper ben hnak bangai per thil tuhin a nitiam soangah a doss khimin dawt kul ii, A vai 2 hnak dawt tuhin sii phunkhat le phunkhat bang lo ii. A hrekin ni 21 ah a hrekin ni 28 ah ii le ni 42 songin dawt ii. A ni khiahhnak songah dawt fangin a pha ber ii. Zaimaw harsa hnak maan a vai 2 hnak dawt tuh heh khel te fangintu sii phunkhatniu heh a doos khimai dawt pha ii. Cangthil tawpin mithiamte rawntuhai a camcu khel lo ai a doss khimai dawt tuh heh mithiamte kin rel hnak ii. Zirfianhnak um lai khal hlakhaw vaccine vai khat dawt hnua dawt lo tahin a vai 2 hnak dawt heh kin tiksa ai kulhnak urkhamtu lam heh cak ruai tuh ii tiin mithiam te hlir hnak le ruah daan ii.

26. Covid-19 vaccinevai (2) dawt zo te'n zaimaan urhnak kai tho tho ii?

Covid-19 vaccine khai vaccine dang te bang pah tho tho ii. Vaccine dawt ben urhnakte kham ben tuhin a tlawmber zarh 2 kul ii. Santehhnakah mi pakhat heh vaccine a dawt hlan (or) Vaccine a dawt hnuazarh (2) songah urhnak lo kai sa selai urhnak heh lang thai tho tho ii.

Zaibang vaccine khai urhnak heh (100 %) kham ben lo ii, minung kin kumte, urhnak nai mi maw, urhnak khamtu thazaang kin naiuhnak ah tampui tthum dun ve ii. Ur kham thilhnak zolo (Breakthrough infection) fuh thai kai thai ii, Vaccine vai 2 dawt zo khalkhaw mi tlawmlai hnenah urhnak kai thai tho tho ii. Cia bang heh vaccine naper vumah (Vaccine breakthrough cases) kai hnak ti'n ko ii.

27. Covid-19 Vaccine vai 2 dawt zo te hnenahCovid ur kai selai a cak leh sal fang vaccine dat sal kul awm.

Vaccine a doss khim ai dawt zo mi tlawmlai hnenahurhnak kai thai tho ii. Ciami heh vaccine naper vumah (Vaccine breakthrough cases) kai hnak ii. CiamaanVirus phun dang te maanurhnak kai sal khai i thai ii. A hlanai dawt hnak vaccine maan urhnak kham tu kin tiksa cakhnak um thai napui khalkhaw avekin kham ben lo maanin kai sal hnak ii. Ikhalselai vaccine dawt zo te'n urhnak rohsia zee tuar um lem lo i. Tun tian vaccine heh dawt be sal kuil ii ti'n WHO lamte'n rel lai lo ii.

28. Covid-19 Vaccine vai 2 dawt zo hnuaah Hla tlawmlai liam hnua dawt sal thil awm?

Covid-19 vaccine heh a doss khim ai dawt zo hnua dawt sal kul le kullo ti thu ahWHO lam thu suah um lai lo ii. Dawt besal kul ti thu umlekhaw health department lamin thu kin than leh tuh ii.

29. Covid-19 Vaccine vai (2) doss khim dawt zo te'n Covid-19 Vaccine phun dang dawt be sal thil awm?

Covid virus phun dang dang, urhnak siava le thihhnak lakan kin kham sah tuhin tunai kin hmanghnak te dawt tlak ii ti'n WHO te'n thu suahin kin forh ii. Vaccine phunkhat heh a nikhiahhnak caan soangah a doss khimin dawt zo hnua a dang dawt kullo i hang.

Akulloaivaccine dawt be hnak maanin vaccine kul belbo te ca covo sung ruai ii, Urhnak karhzai tuh khamhnak ca harsahnak pakhat cangruai thai khai i fawn ii, ciamaan vaccine a doss khim dawt zo hnua dawt be sal tebang heh kin bawn tuhnhak ilo ii.

Vaccine vai (2) dawl hnu a phundang vaccine hmangai dawl be tuhin WHO lamte'n ruai hnak le forhnak um lai lo ii, tun dinhmunah ram tampuite'n zir fiang hnak nai thliah thlo lai tak sawn ii.

A vai (3) hnak vaccine dawl tuh thu ah ram caang caangai vaccine thawn pehzom mi konghoi dun daan a phun phun um thai lak songanvaccine lai ben lai lo nai ben lai lo ram farahai mipui te ca daihsahhnask thinlung thawn a vai (3) hnak vaccine dawl heh ti tuhlo le thil mawi ilo ii tiin WHO lamin ninghio kunhnak thu suah ii.

Thu lang hmun

WHO: Novel Coronavirus-2019 - Questions and Answers

CDC: Coronavirus – Frequently Asked Questions (FAQ)

UNICEF: Novel Coronavirus – FAQ

UK National Health Service – Covid-19 Vaccine

Serum Institute: FAQ – Covishield

SOP of AstraZeneca_Storage and Thawing Use