



COVID-19 tawhkisai akidong tam pen thudot na te

**1. COVID-19 kidal na
Zatui tawh kisai dotna te**

Covid-19 tawh kisai aki dong tampen thudot na te

Covid-19 kidalna Zatui tawh kisai dotna te

1. Covid-19 kidal nazatui kisun ding ih hih leh bangteng theih ding kisit ding kisam hiam?

Bang nam Covid-19 kidal nazatui kisun ding cih amasa in theih masak ding kisam hi. Leitung cidam na lam kipawl na (WHO) pan in akipsak uh kidal na zatui tebek kisut huai hi. Tua te in –

- (1) British leh India gampan in akibawlkhia Covishield,
- (2) Bristish pan akibawlkhia AstraZeneca,
- (3) American gampan akibawlkhia Pfizer, Moderna, Janssen,
- (4) Sen gampan akibawlkhia Sinopharm (Beijing Institute of Biological Products Co-Ltd), CoronaVac (Sinovac ci in mitampi in atheih) cih te ahihi.

Sinopharm (BIBP) leh Sinovac zatui te pen Leitung cidam na lam kipawl na pan in Emergency dinmun hun ah zatding in phalna pen 2021, May leh June kha sung in pulak khia uh hi. **Sengam ii bawl Sinopharm (Wuhan Institute of Biological Products Co Ltd) leh India gam ii bawl Covaxin kidalna zatui te pen Leitung bup cidam na lam kipawl na ten a ettel lai tak uh ahih man in kipsak na neinai lo uhhi.**

Tuaban ah kidal na zatui hoih leh hoih lo, hoih tak in kep leh kep loh, zatui sut na ding in hoihtak in gelna om leh om lo, zatui asun ding te siam na tawhki sai lungkim huai leh lungkim huai lo cih akipan sittel ding kisam hi.

2. Covid-19 kidalna zatui kisut khitciang in bangtancang percentage in dal zo hiam?

Leitung cidam na lam kipawl na (WHO) pan in akipsak atheihpih uh kidal na zatui te ii dalzawh na tha in-

	Covid-19 kidal nazatui te	Covid-19 thuk gimna pan adal zawh dan	Anasia Covid-19 adal zawh dan
1.	Pfizer by BioNtech Comirnaty	91.3 %	95.3 %
2.	AstraZeneca-University of Oxford by SK Bio	76 %	85 %
3.	Covishield by SII	66.7 %	92 %
4.	Janssen by Johnson & Johnson	72 %	86 %

	Covid-19 dannak si	Covid adan khawhning	Covid afakdeuhmi adan khawhning
6.	Sinopharm by Beijing Bio-Institute of Biological Products Co Ltd	79 %	Kankhiat na om nai lo
7.	CoronaVac (Sinovac) by Sinovac Biotech Ltd.	51 %	100 %

* Kidal na zatui tepen anasia Covid-19natna pan in hong dalzo tuam hi mah tase leh natna kilawh theih na pan kilawh vetlo ding in dalthei tuanlo ahih man in kidal na zatui kisut khithang in Covid-19natna kidal na tawhkisai zuih ding te ahi pelhlo in kam leh muk tuam ding, satpiang leh tui tawh second 20 sung ih khut te hohtak silding, mipi kikaih khop na peel ding cih te zuihtoh suak veve ding kisam hi.

3. Covid-19 kidal nazatui pen kuate kisut ding hoih hiam?

Covid kidalna zatui pen kum (18) pan atunglamsiah khempeuh in kisun thei ding cih himah tase leh.

- Natna akilawh baihthei pen ding cidam na lam nasem te leh
- Covid-19 natnaangah khak ciang agimpha deuh ding te ahi (kum tam khin te, natna gil nei te) in kisun masa deuh leh cih mipil ten gen uhhi.
- Sikhang, Zunkhum, awm bing te, tuap, sin leh kal natna neite ban ah natna gil anei himah tase leh natna asuuk sialo (Gentehna: HIV natna lungno nei in ART zatang ane te) in zong kidalna zatui suthuai hi.

4. Covid_19 kidal na zatui kua te in suthuai lo hiam?

- Covid-19natna vei laitak te (or) Covid-19natna aki ummawh aa adam lo te
- Kum 12 nuai lam naupang te (Pfizer kidalna zatui losiah adang kidalna zatui te pen kum 18 nuailam te suthuai lo hi)
- Kidal na zatui sung ah akihel zatui nam khat peuhpeuh tawh akituak lo natna nei te
- Nidang lai in kidal na zatui dang khawng akisut ciang aki lemlo ngei te
- Naupai te (kidal na zatui pawlkhat ading) kidal na zatui kisut huai lo hi.

Kidal na zatui tawh akilem lo te pen kidal na zatui kisut ma in hongsun ding cidam na nasem te tawh kikup masak ding ahihi.

Naupaai te pen Covid-19 natnaangah uh leh natna anasiat ding leh naupaai tawh kisai anungzui natna thuak theih ding tawh kizui in sutmasak ding hoih himah tase leh kidalna zatui pawlkhat te pen naupaai te ading lungkim huai tak aa zattheih ding in kankhiat na om nailo ahih man in naupaai te sut ding ciangin kidalna zatui sut nahang in ahoih na leh ahoih loh na akhentel thei ding zatui lam siam te tawh kikap khitchiang kisut pat ding ahihi.

5. Covid-19 kidal nazatui kisut ciang akingah ahoih na leh ahoihloh na thei nuam ingh.

A ki kantel khiatna pan in kidalna zatui sutzah vei akim in kisutkhit na hang in anuai na hamphat na te kingah hi.

- ✓ Covid-19 natna nasiatak in thuak kha lo leh sih ding tawm tuam sak .
- ✓ Covid-19 natna ngahna dingpan leh midang te lawh theih na tawmsak.
- ✓ Covid-19 natna namtuamtuam pan hong dal sak.

Tua ahih man in bangbang kidalna zatui ahi zong natna (100)% za ah za hong dalzo sam lo ahih man in kum upat dan tawh kizui, natna gil nei leh nei lo, pumpi hatna tha cihte tungtawn in kidal zawhna khengval in natna kilawh nam (Breakthrough infection) om thei hi. Kidal na zatui pen sutzah ding kisut khit hang in atawmzaw te tung ah natna ngah thei veve uhi. Tua pen kidal na zatui ii tha khengval in natna ngah (Vaccine breakthrough cases) kici hi.

Tua ahih man in kidal na zatui sutzah ding sutkhit ciang in zong zuih ding pumpi kidal na ahi nak leh kam tuam ding, khut te sil pahpah ding, pi (6) kihal in omding, mitam kikhop na peel ding cihte zuih tohsuakding kisam hi.

Ahoih loh na lam in bel kidalna zatui kisut khitphet in dam lo, tawl, khut le khe om dan nuamlo, zatui sut namun na, san leh bawc cih te kithuak thei hi. Atamzaw te pen nasia lo in ni (2) khit teh damkik pah uh hi cih kimu khia hi

6. Kidal na zatui kisut ciang bangteng sem ding cih theinuam ingh

Kidal na zatui sutma

- Hohtak in tawlna hithiat in cidam ding kisam hi. (Cidam kei leh kidal na zatui sut huai lo hi)
- Ahuampi thu in ei tawhkisai natna gil ading ih nek ih dawn den zatui zaha te pen kidalna zatui kisut ma in khawlse kul lo hi.

- Pumpi tha hongkiamsak thei zatui te leh Cancer zatui zang aom leh hongbawl siavuan te tawh kikapmasak ding ahihi.
- Natna gil nei hita leh ih zatden zatui aom leh kidalna zatui hongsun ding te theisak masa in.

Kidal na zatui kisut ma leh kisutkhit phet

- Tha honghatsak thei nek leh dawn, mehteh meh gah leh singgah te nekim in.
- Zu dawn ding peel in. (Tui dat tawmsak ban ah luaksuaksak thei ahih man hi)
- Khat vei zong anak ngeivetloh nek leh dawn te siap na nek na, khatvei zong zatngei vetloh kizep na van te zatna cih te peel in. (kidal na zatui tawh kituak kei kha le cin tua van leh na nek leh dawn hang hiam, kidal na zatui hang hiam cih khentel ding haksat man hi).

Kidal na zatui kisut khitchiang

- Zatui kisut na mun ah minute 30 sung tuhithiat in ngak ding kisam hi. (Kidalna zatui tawh akilem lohciang apiang thei ahi si kiamvat, lungtang ki sai manlang, nak haksak, pumpi citung teng thak, vun tung ah asan khawng hong om, mit vung (mit baw) cih te hongpian leh vaikin in kibawl pah in)
- Kidalna zatui kisutna mun abawh loh na ding leh anat apha tuamding in vukhal (tuivot) tawh khuhthei tuam thei hi.
- Akisap leh nikhat nih sung bang inn ah tawnga hithiat in. Ih mut cim sak in.
- A nasialua kimawl na ahi (Genteh na: Tuipek, Setbing hawl, Tai, Agik dom, Bawlungsui, Akkha sat, Bawlibawl beng cihte) leh thasan akul nasep te kidalna zatui kisut khit ni (7) sung pelh phot in

7. Covid kidalna zatui koi munah ki suthuai hiam?

Kidalna zatui ii tha adimtak in lungkimhuai tak aa aom theih na ding in -

- Thuman tawh Covid kidalna zatui apua ala kipawl na leh Company
- Tua kidalna zatui tawhkituak in avotah akikoih
- Hoihtak in aki kem aki pua
- Zatui kisut lai tak in kidal na ding tawhkisai zuih ding thukhun hoih tak in akizuih na
- Kidal na zatui tawhkisai zuihding tuamtuam asinkhin asiam te om na
- Kidalna zatui hong sunding cidam na nasem te amuanhuai alungkim huai aomna mun te ah kidal na zatui kisut huai hi.

8. Covid-19 kidal nazatui in bangtanciang thahat na nei hiam?

Covid-19 kidal nazatui te pen akimu khia thak kidalna zatui ahih man in bangciang dalzawh thahat na nei hiam cih kigencian thei nai lo in akikan sanlai tak ahihi.

9. Sengam pan akibawl Sinopharm, CoronaVac (Sinovac) leh India gam pan aki bawl Covishield kidal na zatui tawhkisai thu theitel nuam ingh.

	Sinopharm (BBIBP-CorV)	CoronaVac (Sinovac)	Covishield
Abawl khia Company	Beijing Institute of Biological Products Co-Ltd	Sinovac Life Sciences Co., Ltd	Serum Institute of India Pvt Ltd (AstraZeneca Company leh Oxford University te kipawl in abawl hi)
Kidal na zatui nam te	Covid lungno tepen tha nei lo in bawl in tuapan akibawlkhia hi (Inactivated virus)	Covid lungno tepen tha nei lo in bawl in tuapan akibawlkhia hi (Inactivated virus)	Covid-19 natnaanei lungno tungpan kibawl (Viral Vector)
Akikep na ding alum asa zah ding	2 pan 8 C* sung hi ding (thol tung ah alum etcik dan ding om)	2 pan 8 C* sung	2 pan 8 C* sung
Ki sut zahvei ding	Nihvei (Khatvei kisut khit zawh kal (3) pan kal (4) khitciang anih vei na kisun ding)	Nihvei (Khatvei kisut khit zawh kal (2) pan kal (4) khitciang anih vei na kisun ding)	Nihvei (Khatvei kisut khit zawh kal(4)pan kal (6) ahih kei leh kal (8) pan kal (12) sung in anih vei na kisun ding)*
Natna ih thuak na ding pan hong dalzawh dan	75% (Anih vei na zatui kisut khitciang in ni 14 pan kipan)	51% (Anih vei na zatui kisutkhit ni 14 pan kipan)	66.7%
Anasia Covid-19 natnaa dalzawh dan	Kankhiat na om nai lo	100 %	92 %

Leitung cidam na lam kipawl na pan Emergency zatvat theih ding phalna piak hun	Phal ni 7 May, 2021	Phal ni 1 June, 2021	Phal ni 16 February, 2021
Adang theih huai te	<ul style="list-style-type: none"> • Kum 18 pan atungsia tebek kisun thei • Naunawi pia lai te inzong kisun thei • Naupaai te ading in kantel khatna om nailo ahih man in naupaai te kisut ciang in kidal na zatui ii hoihna leh siatna khaikhin kawm in kisun thei 		

Sinopharm kidal na zatui pen khatvei kisutkhit kal (3) cin ma in anihveina kisut kik leh sut kik kulnawn lo hi. Ahih kei leh anihvei na kisut ding kal (4) akhenkhin hang in kisut theih hun tawh kinai pen hun in manlang in kisun ding hi. Kidalna zatui pen (2) vei kisut ngeingei ding in zatui lamsiam mipil te in gen uh hi.

* Atung aa kidalna zatui te ih kisut ciang in ahunbangan hal lenghoihpen dinghiam cihtawhkisai in akikansan laitak ahihi. Tulaitak akimuhkhiat na tawhkizui in Covishield zatui te pen khatvei na leh nihvei na te pen kal (8) pen kal (12) kihal in kisunthei hi ci in pulak khia uhi. Azenzen in kal (12) akhenval zenzen leh zong apatpan sutkul sese lo in anihvei na kisun theiveve hi ci in pulak khia uhi. Ei ii ih om na muntawh kizui in kidal na zatui ih ngahdan leh kidal na zatui hongsun ding te ii ciapteh na tungtawn in hong vaikhakbang in kisun thei hi.

10. Covid-19 natna ngakhit ciang in kidal na zatui sunselo in om huai lelham?

Covid-19 natnaih ngah khinzong in kidal na zatui kisun lo in om ding hi lo hi. Banghang hiamcih leh natna pan ih noptuam khitciang in zong bangtanciang natna kidal zoding cih kigenthei lo ahih man hi ci in mipil ten gen uhi. Hongpian theihdan ding atawm hang in natna pan adamkik tetung ah zong Covid-19 natnangahkik thei veve uhi. Akikan khatna tawhkizui in Covid-19 natnapan adamkik te sung ah kidal na akisun te pen pumpi thahatsak semsem hi cih kimukhia hi.

11. Covid-19 natnangah khin te banghunciang Covid kidalna zatui kisut huai hiam?

Covid-19 natnaneikhin te pen natna pan hongdam kik khit natna lawhthei lo dinmun hongtun hun-

- Natna nasia lo athuak te pen natna ngah khitzawh ni (10) + adam khit zawh ni khat leh
- Natna nasia te natna ngah zawh ni (20) khitciang in Covid-19 kidal nazatui kisun thei uhhi.
- Si gel tawh akibawl te pen ni (90) khitciang in kidalna zatui kisun thei hi.

12. Covid-19 kidalna zatui sutzahvei ding akim in kisut khit ciang natna dalzawh na tha om leh om lo theih na ding in akisitna (Antibody test kit) tawh kisit thei hiam?

Ki sit thei lo hi. Kidalna zatui kisutkhith ciang in natna dalzawhna tha theih na ding in akisit na (Antibody test kit) tawh sit dingcih mipil ten genna om lo hi. Tua kisit na van tepen abeisa hun in Covid-19 natnaneih ngei leh nei ngeilo kisit na bek in akizang ahihi.

13. Covid-19 kidalna zatui akhatvei na kisutkhithciang in anihvei na kisut hun dingciang Covid-19 natna ngahkha (Gentehna: damlo, khuh, naptui) leng zatui kisut huai veve ding hiam?

Natna ih thuaklatak in kidalna zatui suthuai lo hi. Natna pan ih damkikkhit ciang bek in kidal na zatui kisut pan ding ahihi. Covid-19 natnaneiten kidal na zatui kisut hunding tawhkisai dotna nambat (11) na mun sim in.

14. Covid-19 kidal nazatui akhatvei na (1st dost) kisut khithciang in Covid-19 natnangah in dam kik ciang anihvei na (2nd dose) akisun thei diam?

Kidalna zatui anihvei na (2nd dose) kisun thei mah hi. A zenzen in Covid-19 natnaih neih leh kidalna zatui kisut dan ding tawhkisai in dotna nambat (11) na mun sim in.

15. Kum (60) tunglam sin natna, lungtang natna, sikhang, zunkhum anei te leh natna gilnei te in Covid kidalna zatui kisun leh uh bang siatna (side effect) piang thei dinghiam? Kidalna zatui suthuai leh suthuai lo thei nuam ingh?

Sin natna, Lungtang natna, Sikhang, Zunkhum natna, Kalnat na akipan tua te banah kum (65) tunglam ten Covid-19 natna angah uh leh gimpha deuh thuaklah phadeuh uh ahih man in Covid-19 kidal nazatui kisut masak dinghi cih Leitung cidam na lam kipawl na pan genkhia uhhi. Tua ahih man in kidalna zatui suttheih na ngahnak leh pelhlo inkisut ding leh kisut ma in ih neih natna te hongsun ding te tung ah genkhiat ding kism hi. Kidalna zatui ii siatna te (kisut na mun na, bawk, damlo cih akipan) pen adangte mahbang in thuak thei hi. Ih thuak natna gilte ading in hohtakin kibawl ding kism hi.

16. HIV leh ART zatang ne te in Covid-19 natnadal na zatui kisut theih leh kisut theih loh thei nuam ingh.

Covid-19 kidal nazatui atamzaw te pen HIV natna nei tetung ah tawmbek sinna kinei hi. Kankhiat na kicing khinnai kei mahtaseleh tulaitak Leitung cidam na lamkipawl na pan akipsak uh ahi kidalna zatui te pen HIV natna nei te ading in siatna omlo hi ci uhhi. Tuaban ah Covid-19 kidalna zatui te pen Covid lungno anungta laite kizang lo ahih man in natna kilawh ding lauhuai lo hi ci hi. Covid-19 kidalna zatui leh ART zatui kikal ah zong kilemloh na om tuan lo ahih man in kidalna zatui kisutkhit ciang in zong ART zatui te akizom in ne thei veve hi. Ahuampi thu in cileng (CD4 count) atawm pumpi hatna aniam te tung ah Covid-19 kidal nazatui ii dalzawhna tha zong tawm hi kici himah tase leh tua tawhkisai in tutadih in muhkhiat na om nai lo hi. Gampawlkhat te ah (CD4 count) 200/Kobah liter nuailam te pen kidalna zatui akisunmasa ding sung ah kiciamteh hi. Tuabang aa pumpi thahat na a tawm te leh natna gilnei te in Covid-19 natnangah leh uh nasia thei ahih man in Covid kidalna zatui kisut masak ding in mipil ten genkhia uhhi.

17. Nauhal na zatang ane te in Covid-19 kidal nazatui kisun thei ding hiam? Kisut khit banghun ciang nauhal na zatang ne kik thei pan ding hiam?

Atangpi thuin nauhal na zatang azang numei te in Covid-19 kidal nazatui kisun thei hi ci in mipil ten gen uhhi. Ahizong in nauhal na azang numei ten zatui sutma kidalna zatui ii hoih na leh siat na te zatui sunding te tawh kikupkhop phot ding kong gennuam hi.

Kidalna zatui pawlkhat te pen si khalsak thei hicih akikankhiat na pan kimu hi. UK gam aa kankhiat na akibawl na pan mihing teng (200) akisun sungpan in mi 79 tepen asi uh khal in tuasung pan mi 19 si hi cih mukhia uhhi.

Kidal na zatui tawh akisai lo nauhal na zatui azang numei te zong si khal thei lauhuai na om thei veve hi cih mukhia uhhi. Nauhal na zatui azang lo numei te sung ah si khalthei pen mi 10000 sung ah mi 2 bang om thei uh aa nauhal na zang numei te sung ah mi 10000 sungpan mi 5 pan 10 cihbang in kimu thei hi. Hih kankhiat na te pen Covid-19natna ah akimukhia hi lo hi.

18. Covid-19 kidalna zatui kisun leng nau ki neithe nawnlo hi cihpen ahimah hiam.

Hi lo hi. Tulai tak leitung cidam na lam kipawl na pan akipsak uh Covid kidalna zatui te in nau neihtheih na lam susia lo hi.

19. Covid-19 kidalna zatui kisut khitciang in nau akipaai thei diam?

Nau kipaai thei mah hi. Covid-19 kidal nazatui te in naupaai na tawhkizui in bangmah siat na om lam kimu khia lo hi. Kidalna zatui kisut khitciang in siatna hongpian ding lauhna tawh naupaai loh ding kikep zong kul sese lo hi. Austrilia gam ah akikankhiat na tawhkizui in Covid-19 kidalna zatui hang in naupaai na leh nauneih na lam asuksiat na kimu khia nai lo hici hi. Tuaban ah naupaai na hang aa anungzui haksat na tuamtuam hongom thei ding muhkhiat na om lo ban ah kidal na zatui kisut na hang in Covid-19 hang in apiangthei naupang asi sa in pianna pan tawmtuam sak hi ci uhi.

20. Naupaai nupi te in Covid zatui akisun thei mah ding uhhiam? Naupaai te in bang Covid-19 kidal nazatui namte kisut huai hiam.

Naupaai nupi te in natna ngakhka le uh natna nasia thei leh naupaai na tawhkizui in anungzui haksatna tuamtuam thuk kha thei uh ahih man in kisutmasak ding hoih hi ci in mipil ten genkhia uhi. Tua ahih man in kidal na zatui atam zaw te pen naupaai te ading lungkim huaitak in kankhiat na om nai lo ahih man in naupaai te akisut ciang in kidalna zatui ii hoih na siatna leh Covid-19 natnangah khak ciang hongpiang ding siatna te tehkaak in cidam na lam asiam te tawh kikap khitciang in kisut ding ahihi.

21. Naunawi pia nupi te in Covid-19 kidalna zatui akisun thei ding hiam?

Covid-19 kidal nazatui pen adang kumcing khinte mahbang in naunawi pia nupi tenzong kisun thei in akisutkhit ciang in zong naunawi pia zomto thei hi ci in Leitung cidam na lam kipawl na pan pulak khia uhi. Khatvei akisun khin te in zong akiciangtan ni in anihvei na kisut ding ahihi.

22. Natgual (Common cold/ seasonal flu) ngakhitciang in Covid-19 kidalna zatui kisun thei ding hiam? Natgual kidal na zatui akisunkhin te in nibangzah ciang Covid-19 kidalna zatui kisun thei pan ding hiam?

Natgual (Common cold/ seasonal flu) ngakhit ciang in Covid-19 kidalna zatui kisut huai nailo hi. Natna pan damkhitciang bek in Covid-19 kidalna zatui kisut ding hi pan hi. Natgual kidalna zatui kisutkhit atawmpen ni (7) kihal khitteh Covid kidalna zatui kisut ding hipan hi ci in mipil ten gen uhi.

23. Natgual kidalna zatui (Flu vaccine) kisut khitciang Covid-19 kidalna zatui ki sun takei leng aki ngah lel ding hiam?

Natgual kidalna zatui (Flu vaccine) in natgual natna pan bek in hongdal thei in Covid-19 natnapan in hongdal thei lo hi. Tua ahih man in Covid-19 kidal nazatui kisut ding kisam hi. Natgual kidalna zatui leh Covid-19 kidal nazatui pen atawm pen ni (7) sung kihal in kisut ding cih mipil ten genkhia uhi.

24. Covid-19 kidalna zatui akhatvei na kisun khin in anihvei na ciang in anamkibang lo Covid-19 kidalna zatui bek om hi leh kidalna zatui suthuai veve ding hiam?

Leitung cidamna lam kipawlna pan in akibang kidalna zatui namkhat bek sut kimzah ding honggenkhiat uh ahihi. Anam kibang lo adang kidalna zatui sut dingtawh kisai in gam pawlkhat te ah kankhiat na bawl mah tase leh uh akician in muhkhiat na, theih khiat na om nai lo hi. Azenzen in anam kibang kidalna zatui ngahzawh vetloh na aom zenzen leh Leitung cidam na lam kipawlna pan atheihpih uh zatvat ding kidalna zatui te cidamna lam vaisai tetawh kikum khawm in sut ding genkhia hi.

25. Covid-19 kidalna zatui anihvei na kisut hunding in kisun kha lo in hi leng anamkibang kidal na zatui bang hun in kisun kik ding? Ahih kei leh anamkibang lo kidalna zatui bangtan hun sawtkhit ciang bangzahvei kisut ding kisam hiam?

Kidalna zatui ii tha adim in ih ngahzawh na ding in akiciangtan hun lian in kisutzah vei ding akim in kisut ding kisam hi. A nihvei na kisut hunding tawh kisai in kidalna zatui nam khat leh namkhat kibang lo hi. Namkhat te pen ni (21) khit ciang in kisun kik thei in nampawlkhat leuleu ciang in ni (28) pan ni (42) khitciang in kisun kik den uhi. Akiciangtan ni in kisun thei leng kidalna tha adim in kingah zo hi. Vai tuamtuam hangtawh akiciangtan hun khengval dong in anihvei na kisun lo in aom leh kidalna akim in kisut theih ding vaihawm kul hi. Vaisai cidamna lam nasem te tawh kikum in anai pen amanlang pen in anihvei na kisut vat ding hi ci in mipil ten genkhia uhi. Kankhiat na kician tak in omnai kei mahtase leh kidalna khatvei kisut khitciang in kisut kikvetloh sang in anihvei na zong kisun leng natna dal zo zawtham hi ci in mipil ten genkhia hi.

26. Covid-19kidalna zatui nihvei akisun khin te zong Covid-19 angah kik theih uh pen banghang hiam?

Covid-19kidalna zatui pen adang kidalna zatui te mahbang ahihi. Kidalna zatui kisut khitciang in natna adalzawh na ding atawmpen kal (2) sawt den hi. Azenzen in mikhat in kidal na zatui akisut ma (or) kidalna zatui kisut khit kal (2) sung in natna angah leh kidalna zatui akisut hang in natna ki langkhia veve ding hi. Bangbang kidalna zatui te pen 100%

dalzo sam lo in mikhat ii kum atam na, natna gil neih leh neih loh, pumpi tha hatna cihte akipan tuate tung ah kinga in kidalzawhna zah khengval in natna kilawh nam (Breakthrough infection) kimu thei hi. Kidal na zatui sutzah vei ding kisut khithang in mitawm khat te tung ah natna ki mu kik veve thei hi. Tuapen kidalna zatui ii dalzawhna khengval in ki lawhna (Vaccine breakthrough cases) kici hi.

27. Covid-19 kidal nazatui nihvei akisun khinte in Covid-19 natnangah kha kik in acidam kik uh ciang kidal na zatui sutkik ding akisam hiam?

Kidalna zatui sutzahvei ding akim in kisut khithang in mi tawm khat te in natna ngah kik thei veve uhhi. Tuapen kidalna zatui ii dalzawhna khengval in ki lawhna (Vaccine breakthrough cases) kici hi. Tuaban ah Covid lungno namdang hang in zong natna akilawh zong hi thei hi. Abeisa akisut khit kidalna zatui hang in pumpi natnadal thahat sak himahta se leh natna lutding dalsiangzo taktak sam lo ahih manin hihbang in akilawh ki hi thei hi. Tua ahih man in kidalna zatui akisun te in nasiatak in natna ngah na ding kiamtuam sak hi cih kimukhia hi. Tuciangciang pen kidalna zatui khatvei kisut phatkik ding in kisam hi cih, Leitung cidam na lam kipawlna pan genkhiat na omnai lo hi.

28. Covid-19 kidalna zatui nihvei kisun khin in kha tawmvei khitciang kisut kik theih ding hiam?

Covid-19 kidalna zatui pen kisutzahvei ding akim in kisut khitnak leh kisut kik ding kisam leh kisam lo pen Leitung cidamna lam kipawlna pan lamlah na om nai lo hi. Kisut kik ding akisap na om hi cih zaksak na aom zenzen leh cidam na lam vaisai te in hong pulak khia ding uhhi.

29. Covid-19 kidalna zatui nihvei akisun khin te in Covid-19 kidalna adang nam khat kisun thei beh lai ding hiam?

Covid-19 lungno namtuam dang hang in natna nasiat nading leh sih na dingpan in kidal zawh theihna ding in tulai tak akipsak uh ahi Covid-19 kidalna zatui te pen kisut huai hi ci in leitungbup cidam na lam kipawlna pan genkhia uhhi. Kidalna zatui namkhat akiciangtan sabang in suthun in sutzah vei ding akisut khitnak leh kidalna zatui adang nam te kisut beh huai lo hi. Akisam lo pi in kidalna zatui sutbeh na hang in kidalna zatui akisam taktak te ading in hamphat na omlo thei, kidal na zatui kicing lo thei, natna kizelh lohna ding in kepbit na ah haksat na omthei ahih man in kidalna zatui sutzah vei ding sutkim nak leh kisut behding pen ih pelh ding ahihi.

Kidalna zatui nihvei kisut khitciang in adang kidalna zatui nam te kisutbeh ding pen leitungbup cidam na lam kipawl na pan in genkhiat na om nailo hi. Tulaitak in leitung bup ah aki kansan laitak ahihi. A thumvei na kidalna zatui kisut na tawhkisai in gam pawlkhat te in kidalna zatui tawh kisai in policy tuamtuam nei ciat uh hi mah tase leh kidalna zatui angah nai lo gam zawng te ah mipi te in kidalna zatui kisut masak zawh nading in athum vei na kidalna zatui kisut pen sephoh phot ding hi ci in Leitungbup cidam na lam kipawl na pan in ngetna leh pulak na nei uhhi.

Etkak na

WHO: Novel Coronavirus-2019 - Questions and Answers

CDC: Coronavirus – Frequently Asked Questions (FAQ)

UNICEF: Novel Coronavirus – FAQ

UK National Health Service – COVID Vaccine

Serum Institute: FAQ – Covishield

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